



Corps Team Enrollment Guide



Everything you
Need to know about
Your Benefit Plan

Administrated by:

Regional Care, Inc. (RCI) – 800-795-7772 or regionalcare.com

PPO Network:

To locate a PHCS Provider: 800-922-4362 or
www.multiplan.com

Plan Option 1

Intro to your plan



Basic Plan

Medical Benefits

PPO Network:	
Preventive Benefits: For a full listing of covered preventive services please visit: https://www.healthcare.gov/coverage/preventive-care-benefits/	100% of Preventive Care benefits under PPACA
Primary Care	\$0 Copay Max 1 Visit per calendar year
Specialists	Not Covered
Urgent Care	Not Covered
Lab and Imaging	Not Covered
MRI and CT Scan	Not Covered

Prescription Drugs

Pharmacy Benefit Manager (PBM):	
Tier 1 – Low Cost Generic	CitizensRx provides a discount only for the Basic Plan. Discount varies from 40 to 70% off of the retail level
Tier 2- Generic	
Tier 3 – Preferred Brand	
Tier 4 – Non-Preferred Brand	
Tier 5 – Generic & preferred Specialty	
Tier 6 – Non-Preferred Specialty	

Health Wallet App Included! See Pages 7, 8, and 9 for more details!

Plan Option 1

Basic Plan



Monthly Contribution Schedule

EE Only	\$35.00
EE + Child(ren)	\$55.00
EE + Spouse	\$55.00
EE + Family	\$55.00

Find a PHCS Provider

Visit us at: multiplan.com

Click on "Find a Provider" In the top right hand corner	
Click "OK" at the bottom right corner	
Click "Select network" On left hand side in middle	
Click on "PHCS"	
Click on "Specific Services" Inside the pop-up box	
Enter type of Provider (Urgent Care, Primary Care, Specialists, etc..) in the search box	<input type="text" value="Search by name, specialty, facility type, NPI # or license #"/>
Enter Zip Code and click on search icon	near <input type="text" value="Enter Zip"/>

For Additional Help:

Call: 800-922-4362


Plan Option 2

Intro to your plan




Advantage Plan

Medical Benefits

PPO Network:	
Preventive Benefits: For a full listing of covered preventive services please visit: https://www.healthcare.gov/coverage/preventive-care-benefits/	100% of Preventive Care benefits under PPACA
Primary Care	\$20 Copay Max 3 visits per calendar year
Specialists	\$50 Copay Max 3 visits per calendar year
Urgent Care	\$50 Copay Max 3 visits per calendar year
Lab and Imaging	\$50 Copay by Date of Service Max 5 services per calendar year
MRI and CT Scan	\$200 Copay Max 1 service per calendar year

Prescription Drugs

Pharmacy Benefit Manager (PBM):	
Tier 1 – Low Cost Generic	\$1 Copay
Tier 2- Generic	10% Coinsurance
Tier 3 – Preferred Brand	20% Coinsurance
Tier 4 – Non-Preferred Brand	40% Coinsurance
Tier 5 – Generic & preferred Specialty	10% Coinsurance Plan pays up to Max Benefit of \$150
Tier 6 – Non-Preferred Specialty	20% Coinsurance Plan pays up to Max Benefit of \$250

Health Wallet App Included! See Pages 7, 8, and 9 for more details!






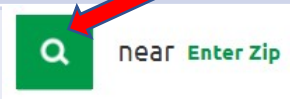
Plan Option 2 Advantage Plan



Monthly Contribution Schedule	
EE Only	\$98.75
EE + Child(ren)	\$167.24
EE + Spouse	\$183.24
EE + Family	\$258.30

Find a PHCS Provider

Visit us at: multiplan.com

Click on "Find a Provider" In the top right hand corner	
Click "OK" at the bottom right corner	
Click "Select network" On left hand side in middle	
Click on "PHCS"	
Click on "Specific Services" Inside the pop-up box	
Enter type of Provider (Urgent Care, Primary Care, Specialists, etc..) in the search box	<input data-bbox="691 1549 1409 1629" type="text" value="Search by name, specialty, facility type, NPI # or license #"/>
Enter Zip Code and click on search icon	

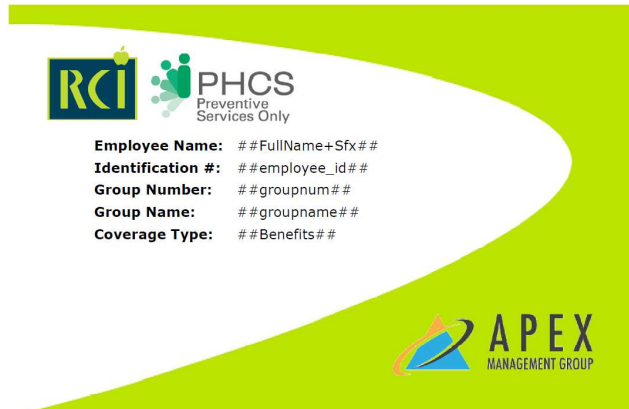
For Additional Help:

Call: 800-922-4362

Sample ID Card



Be Prepared...
Carry your Card



Expect to receive your ID Card within 5 to 10 days from your requested effective date

Register your account online. Go to:

<https://portal.regionalcare.com/login#/>

Click on:

A green rectangular button with a white person icon and the text "Member".

Enter your information. From there you will have access to request ID Cards, view claims, etc.



HealthWallet

CHANGING THE WAY HEALTHCARE IS DELIVERED

All of your concierge medical services consolidated into one complete mobile health care experience.



My Plan Info

A centralized location with current medical insurance plan design information, real-time deductible-utilization and the capacity to hold up to 15 electronic ID cards



RX Market

Search for any prescription to see what the pharmacies around you are charging for the drug, The Rx Market has an embedded manufacturers discount code for even better pricing, as well as useful information such as pictures, warnings, dosages and storage recommendations



TeleHealth

Unlimited access to a national network of licensed doctors via telephone or video chat, who can help to diagnose and even prescribe in real-time directly from your mobile device



Medical Market

Now you can search for anything from an allergy shot to a cardiovascular bypass using the current location of your mobile device, and see what different facilities are charging for different medical procedures. The results are pretty astounding



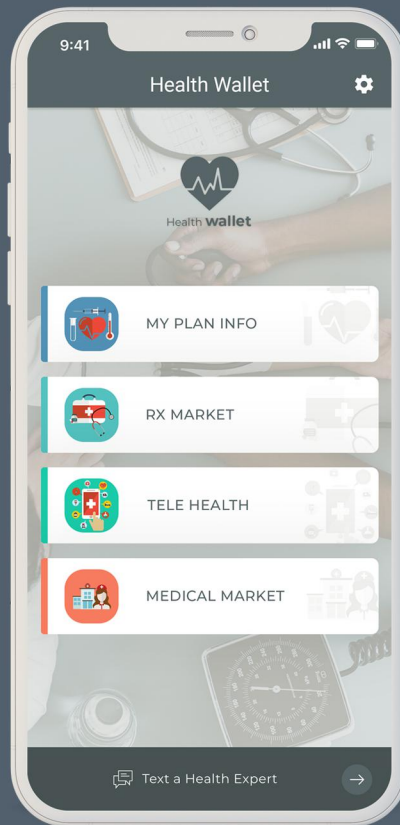
User Engagement

Receive important reminders about plan updates, benefit changes, feature updates and tips on how to access cost-effective and convenient healthcare whenever you need it most.

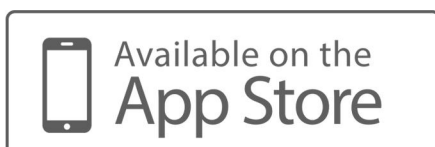


Text a Health Expert

Immediate and unlimited access to network of medical experts who are standing by via text waiting to lend their instant advice and medical opinions for those times when texting is your only option



Your medical card data, beautifully organized from now on



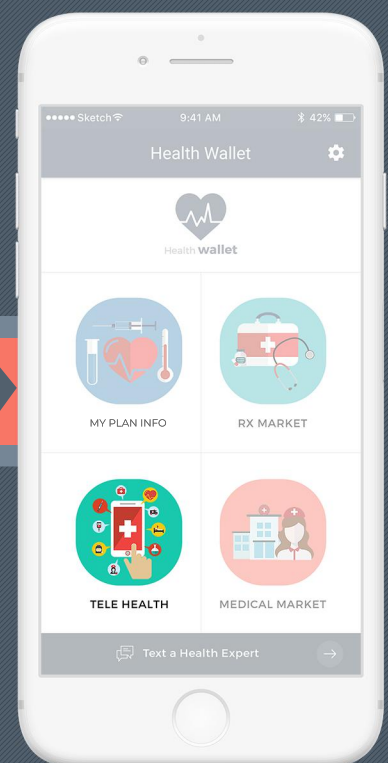
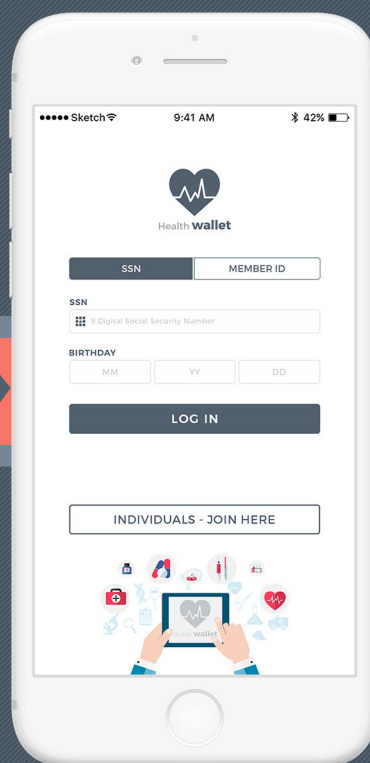
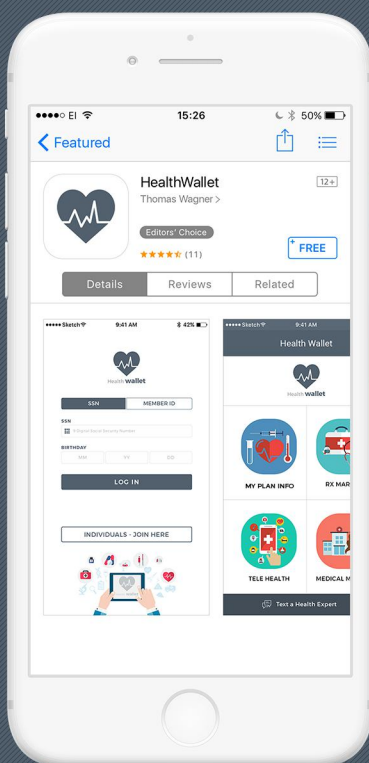


HealthWallet

HEALTH WALLET AND TELEMEDICINE

HOW TO USE HEALTH WALLET AND TELEMEDICINE

- ▶ Go to the Apple App Store or Google Play Store.
- ▶ Type in "The Health Wallet".
- ▶ Download "The Health Wallet" App.
- ▶ Open "The Health Wallet" App.
- ▶ To login, enter your SSN or Member ID, along with your birthday.
- ▶ Once logged in, you have four options: My Plan Info, Telehealth, Rx Market and Medical Market.
- ▶ Click on "My Plan Info" to access your medical, dental, vision ID cards and other lines of coverage information.
- ▶ To connect to MDLIVE for Telemedicine, click on "Telehealth" and it will automatically dial MDLIVE so you can request a consult.
- ▶ If it is your first time requesting a consult, you must register yourself first by providing personal information to MDLIVE.
- ▶ A licensed physician will call you back within 16 minutes on average.
- ▶ If you don't have a smartphone, you can call directly at [+1 888-995-2759](tel:+18889952759).



Need a doctor? No long wait. No big bill. Always open.

With MDLIVE, you can visit a doctor 24/7 from your home, office or on-the-go.



Welcome to MDLIVE! Your anytime, anywhere doctor's office.

Avoid waiting rooms and the inconvenience of going to the doctor's office. Visit a doctor by phone, secure video, or MDLIVE App. Pediatricians are available 24/7, and family members are also eligible.



U.S. board-certified doctors with an average of 15 years of experience.



Consultations are convenient, private and secure



Prescriptions can be sent to your nearest pharmacy, if medically necessary.

Your COPAY is Just

Per Visit

\$0

We treat over 50 routine medical conditions including:

- ⊕ Acne
- ⊕ Allergies
- ⊕ Cold / Flu
- ⊕ Constipation
- ⊕ Cough
- ⊕ Diarrhea
- ⊕ Ear Problems
- ⊕ Fever
- ⊕ Headache
- ⊕ Insect Bites
- ⊕ Nausea /Vomiting
- ⊕ Pink Eye
- ⊕ Rash
- ⊕ Respiratory Problems
- ⊕ Sore Throats
- ⊕ Urinary Problems / UTI
- ⊕ Vaginitis
- ⊕ And More



Download the app.
Join for free. Visit a doctor.

MDLIVE.com/HealthWallet
888-995-2759